



steve chamberlain
coach · author · speaker



Coaching case study

Ekaterina | Coach & HR Consultant

*“This was the greatest transformational work.
Since working with you I became an internally
calm and happy person”*

What challenges were you facing, and what did you want to achieve through the coaching?

I felt an inner conflict. There was a feeling that I do not live my own life; I have chosen the wrong way. I did not have an understanding where to go further or how to develop my business. There was an absolute discomfort in all spheres of my life.

In what ways has the coaching achieved your vision?

Coaching helped me to identify my internal navigation system. Now I feel myself absolutely calm and happy. I have identified my own way.

What was the biggest insight you took away from the coaching?

The identification of my vision, purpose and values, which become a guiding light for me. I've worked on my core values before but this took it to another level. Our sessions were really transformational.

*“I now have the inner confidence to be able to deal with
difficulties or challenges in any situation”*

How will your life change as a result?

It seems to me my life has changed already 360 degrees. I'm absolutely comfortable now with all the spheres of my life, and I'm sure it will lead me to success.

What would you say about Steve as a coach?

If you feel lost in your life and you need to find your own way, Steve is the exact person you need. He creates a safe space around you and brings 100% of his coaching expertise to support you in achieving your goals and finding your way.

*“I feel I have all the answers now. This is my own way. I
feel completely happy and free”*
