



steve chamberlain
coach · author · speaker



Coaching case study

Tim | Lawyer | London

“This has suddenly given me enormous perspective on and understanding of my life”

What challenges were you facing, and what did you want to achieve through coaching?

When I started coaching with Steve, I had no clear vision. I knew I was unfulfilled in my work yet had a deep-rooted sense I had much more to give, that there was a real purpose for me out there - I just didn't know how to find it.

“Steve is a very skilled and knowledgeable coach”

In what ways has the coaching achieved your vision?

Steve gave me the building blocks and tools to start constructing my true purpose. The biggest insight has been the work on my core values. Through an exercise with Steve, I have been able to pinpoint and articulate my values with clarity. This has suddenly given me enormous perspective on and understanding of my life - as to why I have felt or reacted in certain ways to certain events in the past, and how to approach events and decisions in the present and future.

“Steve's coaching has been integral to me taking some life-changing decisions, including a significant career change”

How will your life change as a result?

As a result of our work together, Steve's coaching has been integral to me taking some life-changing decisions, including a significant career change.

I would recommend Steve for two primary reasons. First, he is a very skilled and knowledgeable coach. During our sessions he has been able to suggest theories and processes that really fit the issue at hand. Second, his manner is very easy-going and engaging. He is very calm, assured and assuring, which instils confidence and belief.