



steve chamberlain
coach · author · speaker



Coaching case study

Michal | Buyer | London

“It has been a tremendous pleasure to work with you, and I feel I got excellent value from my investment”

What challenges were you facing, and what did you want to achieve through coaching?

I was at a stage of my life where I wasn't happy with the direction I was heading in. I lacked any sort of passion or connection to my work and felt like there had to be something more out there for me. My primary goal was to figure out if there was any way for me to transition to a more satisfying career and change my course. I also had few concerns around my lack of productivity, chaotic thinking and general lack of results.

In what ways has the coaching achieved your vision?

I have realised that aiming my life towards something more meaningful, that I'm genuinely passionate about, is not just a dream as I initially thought, but a realistic goal.

“Steve has helped me discover my core values and realise that I can be whatever I want, if I set my priorities right and take 100% responsibility for my life”

What was the biggest insight you took away from coaching?

We can be whatever we want to be and most of our problems, regardless of how big they seem, can be dealt with by understanding what is happening 'below the surface'. I learned where my deepest passions and desires stem from and discovered how to follow them.

How will your life change as a result?

I have switched the trajectory of my life by 180 degrees, taken full responsibility and, for the first time in my life, feel like I'm heading in the right direction, instead of just hoping for my share of luck.

What would you say about Steve as a coach?

Steve is an excellent listener, very active and empathic. He does not push his agenda on to his client, but rather guides you to find within the answers you're looking for. Steve is also very knowledgeable and well-read in many areas of personal development and spirituality: it seemed like no topic was a big challenge for him.